

**ABSTRACT**

A wearable inhalation filter for a user to wear in her or his nostrils is provided. The filter includes two nose rings that are inserted into the nostrils, and a  
5 bridge that connects the nose rings. The nose ring includes a filter assembly for filtering air being inhaled, and the length of the bridge between the two nose rings is adjustable. The filter assembly includes a filter web having a plurality of pores, the size of which  
10 is from 4 to 25  $\mu$ . The filter web protrudes from the nose ring, and is corrugated to give wider filter area and to ease breathing. The bridge can rotate with respect to the nose ring. The distance between the bridge and the nose ring can be adjusted.

15